



JANUARY 2018

VOLUME 18, ISSUE 6

# Baden Outlook

Keeping the Community Connected with over 3000 Copies in Circulation.



## Waterloo Oxford D.S.S. Shares the Spirit of Christmas



When it comes to spreading Christmas cheer, W-O High School had plenty to offer. The Festival of Holiday Music played to a sold out crowd, entertaining all with their excellent choirs and bands. Check out page 22 to see what else they've been up to.

Barry and Pat Fisher  
178 Snyder's Road E.  
Baden, ON N3A 2V6  
Phone: 519-634-8916  
Email: badenoutlook@hotmail.com  
Web: www.badenoutlook.com

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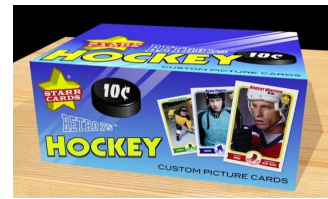
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## This paper is priceless - Please have one!

# Talking with Ed

~ WELCOME TO THE  
DUMP ZONE



Well, I knew it was a matter of time. For many years now, I have been accumulating what I thought were treasures—mainly sports collectibles that were sure to increase in value over time. “The longer I hold onto them, the more valuable they become,” I thought, simple logic. Pat looked at them differently: useless junk that I was hoarding. It got to the point where I began stashing them in various spots throughout the house, such as under the bar, in the back storage area, and above the workbench, so they wouldn’t be visible and routinely discussed.

During my last week of holidays in November, Pat suggested that we go through the storage compartment in the back basement and tidy, perhaps get rid of stuff. I could feel the hairs on my neck start to stand up. The day had arrived, when I had to decide what was important to keep, or make a move on it—I conceded. “Let’s see what’s back there,” I said rather guardedly. I knew the golden rule that if you haven’t used it over the last year or two, then it was time for it to go to the thrift store or the curb. Maybe it was time to move some of my keepsakes.

To be honest, I had forgotten just what was stowed in there. The first things that we burrowed out were old camp chairs, cooler bags, and camping supplies. I had no problem parting with them; our son and his family happily helped us out. Next, a 3 x 2 heavy duty platform on wheels with a handle?? “I would take that if you are planning to get rid of it?” queried Marty.

As we worked our way to the back of the cupboard, I found my set of Petro Canada Calgary Olympic glasses from 1988. They were still in the original box, 12 in total, with four different styles of glasses. My first thought was—oooh, they are going to be worth a lot of money. A quick check on Kijiji deflated my spirit rather quickly. There were four or five of the exact same glass sets listed, selling for \$30 for the dozen.

We kept burrowing and I found a framed Coca

Cola coin set of the Canadian Olympic hockey team which was from Salt Lake City (2002). It was number 89 of 1000, so it has to be very valuable, I thought. A quick E-Bay search told me nothing, as there was nary a one listed for sale—I will have to research that one a little more.

The last thing we found in the cupboard was a plastic grocery bag full of Pepsi Cola bottle caps. My initial thought was if anything will be going to the curb – it will probably be this bag. They were off the 2 litre bottles (the ones that would fall over and explode and were banned). Back in the old days all pop bottles were returned to stores to be refilled by pop companies. When they were returned, quite often they would be returned with the caps on. I recall I was at Zehrs New Hamburg (now the dollar store) and I would look through the bottle returns for those caps hoping to get a complete set of the seven Canadian teams.



I pondered the curb idea, and then I thought—what the heck, check them out on E-Bay. I was floored with what I found! Peter Stastny and Paul Coffey individual caps were selling for \$51 each, Jarri Kurri for \$64, and Mark Messier \$89. Jackpot!!



Obviously that is what they are listed for, but you still need a buyer to make a sale. I am not setting my hopes too high but it is an interesting exercise to go through. Other collectibles that I own include a Cheerios “count down to the Millennium” clock, many complete sets of hockey pins and cards, and two signed Bobby Orr photos. None of these will be worth a ton of money, but it makes me feel good that it might have been worthwhile hoarding all those years.

*Until next month...Ed*



# Greetings from ~ Outlook Headquarters

Hello 2018...what will you bring us this year? We appreciate what you gave us last year... just take it easy on the illness—you really gave us a doozy December!

I know Christmas is the season for giving, but I don't think sharing colds and flu were the idea. My cold/virus/sinus came and went for a month and left me with

the nasty remains of cold sores...ahhh yes, so glamorous! I hope you are all well and had a lovely Christmas with friends and family. I must admit the kid in me really did love opening presents, but now that we have four grandchildren I truly would rather give than receive gifts. No matter what they open from us they exclaim it is the best gift ever!! They all really have wonderful manners and I believe they were sincerely happy with their presents. This was the first year ever for me to not spend Christmas with my extended family. Now that our core family consists of ten we have to be realistic and connect with the others at different times through the holidays. We surely did miss having my brothers this year, who now have each other in Alberta. Some families only see their siblings or relatives at Christmas time due to geographic locations or perhaps relationship conflicts—I hope you all had the opportunity to enjoy one another!!

Every family has one weird relative.

If you don't know who  
it is, then it's probably You!  
Oh well, who said weird is bad anyway!?

We sure appreciate all the kind words we received about the December Christmas issue with its glossy, coloured cover—yes, it sure did make it festive. I wish we could do that every month, but it just may be a once a year thing...we have to stick to the financial budget.

## In this issue:

—On page 21, you will find some yummy soup recipes from my sister Cathy, who is the soup queen and hosts soup dinners at her place. With this cold weather, even cooking the soup warms you up, along with the hearty aroma in the house. Serving soup is a bigger experience than just eating it...and don't forget the crackers or nice loaf of bread to go with it.

—On page 12, we will be reminded how to be fire safe while in the kitchen from Brian Leverton. This is Brian's last article as he is leaving to a new job... so thank you Brian, for sharing your wisdom with us.

—You will see the festive spirit that Waterloo-Oxford School shared with the community on page 22, along with the choir on the front page. They have much to be proud of.

—We were fortunate to meet up with some interesting people and creatures too—you'll learn of the lives of Memphis and Wren on page 4 and enjoy the story of MJ on page 13.

—Once again we've had some peculiar items brought to us to share with you...do you know what they are or what they do? Check out page 32 and share your thoughts.

—We've been watching the construction of the log house at the corner of Gingerich and Sandhills Road and went for a visit to learn more. See that interesting story on pages 26-27.

—And last but not least, we are happy to have another poem from our 11 year old granddaughter Lily...thank you for sharing them with us.

## Happy New Year!



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advertisers in this paper  
and keep our community  
alive and thriving!

### JANUARY

~ By Lily

I cuddle into my bed feeling my legs against the sheet,  
In my bed it's nice and toasty but outside there is no heat.

Outside my window I see the wind and snow blow harsh and cold,  
Maybe I should get up and go outside but I am not so bold.

I savour these moments of the morning before I go outside to play,  
And now I want to go sledding so I get up to greet the day.

Now lying in bed was nice and all, but now I want to run,  
Whatever I'm doing in winter well, it's guaranteed to be fun!

## Interesting People – Meet Dog Lovers, Karen and Paul Hickman

Paul and Karen Hickman of Baden have always had dogs in their lives. Hemi, a large Black Lab, was part of their family for ten years. Just before Hemi passed on, they adopted Molly, who was a lab cross and was an incredibly smart dog. Molly could count up to seven with her paw and perform actions from cue cards, such as sit and roll over.

Next came Tundra, who was a German Shepherd that had once been trained to be a police dog, but didn't make the grade. Tundra was sold to a woman who basically kept him in a cage for two years. By the time the Hickmans adopted him, the 100 pound dog was down to 50 pounds with some severe medical issues. Over the next month Tundra was loved, fed puppy food, and gained 10 pounds. Unfortunately Tundra died two years later.

The next dog to come along was Jake, a Blue Heeler cross. Blue Heelers are a cattle dog mixed with a dingo and they are used as herders. They are also high energy dogs that want to go all day. Jake, the three year old heeler, died two years ago around Christmas time and Molly passed away in May of 2016.

Anyone who has owned dogs knows how devastating it is to lose not only one, but two pets, within a short time from each other. "It leaves a big hole in a person's heart," stated Paul. It is devastating and can shatter the family. The Hickmans noticed how quiet things were around the house and thought at one time they would get another dog, but they had a trip to Florida planned for that fall, so they decided to wait.

During a discussion with Leticia and Michelle at the Baden Vet Clinic, they were asked what type of dog they might eventually be interested in. Paul had been secretly researching Labs and German Shepherds, and was shocked when the ladies at the Baden Vet Hospital recommended Greyhounds.

Although Paul was somewhat taken aback by the suggestion, he did start researching the idea of adopting a Greyhound. Through his research he discovered that the Greyhounds are very social animals, very athletic, and are cared for extremely well during their racing time. They go back to the times of Ancient Egyptians and there are pictures on tomb walls to prove it. They have the same shape and muscle structure as a cheetah, and are very

docile animals sleeping up to 18 hours a day—a forty mile an hour couch potato, as Paul says. Most hounds rely on their nose (scent) to get by, while Greyhounds rely on their vision. They can see up to one and a half miles away.

Paul and Karen were visiting her parents in London and on the return trip Paul mentioned that he'd made an appointment at the GRA Ingersoll—just to look at the dogs and collect information. The GRA Ingersoll takes care of adopting 120 to 160 dogs a year, and they are one of at least four adoption centres in Ontario. The Hickmans were armed with questions and were given the chance to take Memphis, one of the available dogs, for a walk. They fell in love with him, but Paul, being a logical person, suggested it was best to think about it. Oddly enough, they were about to pull back on the highway when a Greyhound bus drove by. They emailed that night and said they would take Memphis.

Greyhound racing is big in three states that the Hickmans know of—West Virginia, Florida, and Arkansas. Memphis had raced about 55 races; he won a few and lost a few. The dogs start racing at age 18 months to a maximum of five years old when they are retired. They can be retired for a number of reasons—declining speed is one of them. The normal speed for a Greyhound is 39.5 miles an hour and Memphis was slowing down, so he was retired. He began racing at Florida and finished his career at Southland

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Race Track in West Memphis, Arkansas. Disliking his racing name, Dawnzee, the Hickmans decided that Memphis would be an appropriate name for their new pet. It was an experience trying to bring their new addition into their home. Greyhounds have never lived inside a home. They had to train him to do his business outside and it took over a week for the dog to go upstairs.

That fall was their trip to visit the parents in Florida. A Greyhound race track is located in Orlando, which was an hour and a half away, so they decided to visit a track and see how the dogs are cared for. They were impressed with what they saw, as they were given a "behind the scenes" tour of the racing facility and dog kennels. The dogs live in 4 x4 crates which they love, and are cooled down in a pool after each race. The first race of the ten for that day is always the maiden race for many dogs; they run one to five races to see if they are capable of being a good racer. That is where the Hickmans first saw Dutch Wren.

Dutch Wren is a smaller female with similar markings to Memphis. "Wouldn't it be wonderful if we could adopt a similar looking dog?" mused Karen. The race began and all of the dogs were in a pack—except for Dutch Wren, who ended up dead last. They asked the trainer if she could be pre-adopted and the trainer replied, "Take her please."

About seven months later, Dutch Wren, whose name has been now shortened to Wren, was at the GRA in Ingersoll ready for pickup. The Hickman family is



now complete and the dogs are happy to be living with them in Baden. There are many Facebook pages available for Greyhound owners where information can be shared. The GRA in Ingersoll is now changing its adoption strategy and focusing on fostering Greyhounds. The Hickmans will be looking after two more dogs as the dogs await new owners. They are excited to help out in the process. The Hickmans believe that a Greyhound would be a perfect pet for a senior citizen, as they are docile and very loving animals. Paul believes that some Greys would make great therapy dogs.



For more information on Greyhounds or adoption availability, please visit GRAYtGreyhounds or crazyforgreys@gmail.com (adoption information) or people can contact the Hickmans.



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Dr. Sonya Frank, Optometrist

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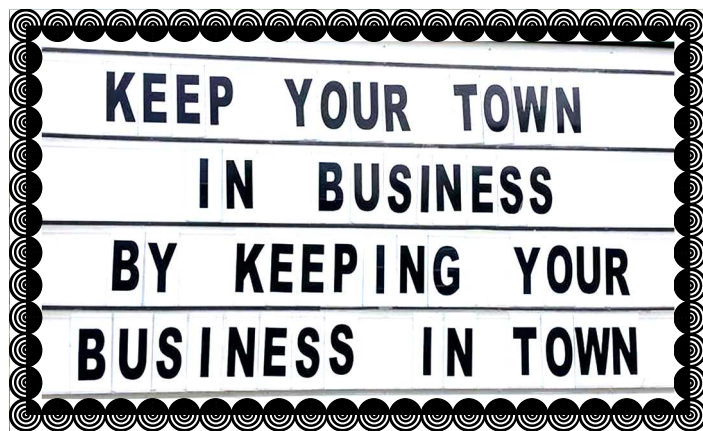
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## Baden ~ Our Town

The Baden Community Association, with support from EJ's, Baden Pharmasave, and Eaton Realty, held their second annual Kid's New Year's Eve Party at EJ's Hotel. Forty six children and 56 adults took part in the festivities (a capacity crowd) which ran from 4:30 to 7 o'clock. All children entering the tavern were given a goody bag and draw tickets to enter their name for over a dozen door prize items. The dinner consisted of pizza, salad, pasta, cooked vegetables, soft drinks, and cupcakes. After the dinner and door prize draws, Erick Traplin took the stage to entertain the children and adults alike. Many of the kids were dancing and helping Erick with his signature show. At about 6:45, there was a count down and balloon drop complete with party favours. By the enthusiastic spirit of the children it was a great night, and hopefully they were able to settle down for their bedtime, allowing their parents to continue on with their own festivities. The BCA plans to make this an annual event!

Their next annual event in motion is the BCA Family Day fun offered upstairs at the Wilmot Recreation Centre. The Township of Wilmot, with the support of Michael Harris, will be supplying free swimming from 1 to 4 pm., and a free skate from 11 am to 1:45 pm. Upstairs the BCA will be providing free popcorn, desserts, Timbits, coffee, and drinks to all from 1:30 to 4 pm. This year the BCA has hired a clown to provide free face painting for the kids as well. Be sure to grab the family and head to the Rec Centre on February 19<sup>th</sup> for plenty of family fun!

The BCA meets on the last Wednesday of each month in the basement at the township hall at 7 pm. Please come out and support the group in their local initiatives.



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Baden Outlook

## LEXOPHILIA - WHO ON EARTH DREAMS THESE UP? A lexophile of course!



- ◇ Venison for dinner again? Oh deer!
- ◇ How does Moses make tea? Hebrews it.
- ◇ England has no kidney bank, but it does have a Liverpool.
- ◇ I tried to catch some fog, but I mist.
- ◇ They told me I had type-A blood, but it was a Typo.
- ◇ I changed my iPod's name to Titanic. It's syncing now.
- ◇ Jokes about German sausage are the wurst.
- ◇ I know a guy who's addicted to brake fluid, but he says he can stop any time.
- ◇ I stayed up all night to see where the sun went, and then it dawned on me.
- ◇ This girl said she recognized me from the vegetarian club, but I'd never met herbivore.
- ◇ When chemists die, they barium.
- ◇ I'm reading a book about anti-gravity. I just can't put it down.
- ◇ I did a theatrical performance about puns. It was a play on words.
- ◇ I didn't like my beard at first. Then it grew on me.
- ◇ Did you hear about the cross-eyed teacher who lost her job because she couldn't control her pupils?
- ◇ When you get a bladder infection, urine trouble.
- ◇ Broken pencils are pointless.
- ◇ What do you call a dinosaur with an extensive vocabulary? A thesaurus.
- ◇ I dropped out of communism class because of lousy Marx.
- ◇ I got a job at a bakery because I kneaded dough.
- ◇ Velcro - what a rip off!

Submitted by Bob Smith



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## Checking out the Baden Library

### Free Computer Help

Did you get a new computer, tablet, or smartphone for Christmas? We offer free, one-on-one computer training sessions. Reserve your spot by registering online or calling the Baden branch at 519-634-8933. Appointments are available Tuesdays: Jan. 16 & 30, Feb. 20 and Mar. 6.

### Drop-in Tech Help at the New Hamburg Branch

Can't get to the branch during the day? No problem. Drop in at the New Hamburg branch on Tuesday evenings, 5:30-7:30 p.m. to get assistance from our tech-savvy, Waterloo-Oxford DSS student volunteers. Bring your technology-related questions—no appointment necessary. The program runs Feb. 13-Mar. 13.

### Let's Read at Family Literacy Day

**Good Morning, Canada** is the 2017-18 Let's Read book selection. Borrow a copy of Andrea Beck's book or read it at the library during your next visit. When you visit try the scavenger hunt and then enter the draw for a chance to win a copy of the book. Can you find the moose, beaver, and canoe, to name a few? Draw closes January 27. Join us at Conestoga Mall on Sunday, January 28 from 10 a.m.-4 p.m. to celebrate Family Literacy Day. There will be lots of activities to try and Erick Traplin will perform.

### Coffee with a Constable

Drop in to enjoy a coffee and chat with Waterloo Region Police Service's Officer Paul at the Baden branch on Thursday, Feb. 8 and Mar. 8 from 10 a.m.-noon. He will be available to answer your questions regarding police service, community engagement, and more.

### Magazine Sale

You still have time to check out the annual library magazine sale. Previously enjoyed magazines are 25 cents each or 5 for \$1. Sale ends January 31.

Visit the calendar at [rwlibrary.ca](http://rwlibrary.ca) for more information or contact the branch at 519-634-8933 or [badenlib@regionofwaterloo.ca](mailto:badenlib@regionofwaterloo.ca).

Chris Baechler, Assistant Supervisor — Baden Branch



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## KID'S KORNER

Hey kids... did you have a nice Christmas break? I'm sure you all had lots of fun—gifts, sweet treats, and late nights. We want to make sure your brain is still working. See how well you do with this quiz. The answers are below, upside down—no cheating!

1. What sweet food is made by bees using nectar from flowers?
2. Name the school that Harry Potter attended?
3. Which country is home to the kangaroo?
4. From what tree do acorns come?
5. What is the top colour in a rainbow?
6. In the nursery rhyme, who sat on a wall before having a great fall?
7. How many colours are in a rainbow?
8. What is the name of the bear in The Jungle Book?
9. What is the name of the toy cowboy in Toy Story?
10. On a farm a kid is a baby what?
11. What is the name of Harry Potter's pet owl?
12. Who is the famous reindeer from the North Pole?

## You Must Be Joking!!



Q: Why are pigs bad drivers?

A: Because they hog the road.

Q: Where does a polar bear keep its money?

A: In a snowbank.

Q: What is faster... hot or cold?

A: Hot... you can always catch a cold!!



## WAKE YOUR MIND UP!

- |                  |          |          |          |          |            |             |
|------------------|----------|----------|----------|----------|------------|-------------|
| 1. Honey         | 7. Seven | 8. Baloo | 9. Woody | 10. Goat | 11. Hedwig | 12. Rudolph |
| 2. Hogwarts      |          |          |          |          |            |             |
| 3. Australia     |          |          |          |          |            |             |
| 4. Oak           |          |          |          |          |            |             |
| 5. Red           |          |          |          |          |            |             |
| 6. Humpty Dumpty |          |          |          |          |            |             |

## ICE SKATING... DO IT!

Did you know that the first ice skates were made by attaching animal bones to the feet with leather straps?! Yes, we have come a long way since then. I've been surprised to learn how many people—yes, Canadians—who have never been ice skating. For many, winter can be challenging to keep active and skating could be fun—whether on an outdoor rink or indoors at your local arena. Bundle up, call on your friends and slide your way into the new year!



Go outside and  
have some fun!



# ReNu

Health & Wellness

BE WISE AND EXERCISE

## KIDS SHORT STORY WRITING CONTEST

Do you like writing? Do you have a story about what fitness and healthy choices means to you, your family and your community?

...

To celebrate the start of 2018 in a healthy way, ReNu Health and Wellness wants to hear from you and what healthy living means to you.

### HOW TO ENTER

Write your story. It can be as short or as long as you like. Submit your entries to ReNu Health and Wellness at 251 C Huron St, New Hamburg, Ont, N3A 1K2

Contest Open December 22nd to January 31st

Open to students Grade 2 to 5

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For more information contact Angie Hallman [ahallmanrmt@cwisp.ca](mailto:ahallmanrmt@cwisp.ca)

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## Baden Birding ~ White-Breasted Nuthatch

By Wayne Buck

I enjoy walking on the trail in Schmidt's Woods, adjacent to The Wilmot Recreation Centre, several times a week. I see a number of birds there, including the White-breasted Nuthatch (WBNU). Ken recently wrote about the Red-breasted Nuthatch, so I thought I would write about the WBNU.



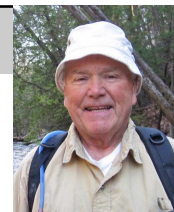
The WBNU is a small sparrow-sized bird with a black cap, white face and breast, with grayish-blue back and tail. The beak is black and strongly tapered. More about the beak later. The Red-breasted Nuthatch is slightly smaller in size, making it easier to distinguish the two species.

There are a number of ways to spot nuthatches. One way is to hear their distinctive "Yank Yank" call. The other is to see a small gray-blue bird heading DOWN a tree trunk HEADFIRST. This is a definite nuthatch characteristic. It is thought that by looking in the furrows and ridges of the bark from the top down instead of from the bottom up as do most other tree climbing birds, nuthatches see things from a different perspective and find food that other species may overlook.



Nuthatches eat a variety of food including: nuts such as Beechnuts and acorns, berries, fruits and seeds, and insects in various stages of development (eggs, larvae, pupae and adult). Being winter residents, nuthatches are attracted to our feeders by the seeds, along with the suet. They use

their stout tapered bills to crack open the shell cases of seeds such as acorns and sunflowers. To do this they often carry the seed to the trunk or branch of a nearby tree and wedge the seed in the ridges of the bark before using their strong tapered black bill to open the seed case: hence the name Nuthatch. Or they may just use the platform of the feeder if there is one. If there is an excess of seeds, the WBNU may cache some in the rough bark of a tree, which they may or may not remember doing.



WBNU are cavity nesters and may excavate a cavity in a tree with a rotted knothole, or they may usurp an old woodpecker cavity. They may lay 10 - 12 eggs in a fibre lined nest. Both parents assist in the feeding of the young. They are a definite benefit to the forest, removing insects that may attack trees and spreading seeds around in their droppings. And I love hearing them and seeing them on my winter walks.

If you are walking on the trail in Schmidt's Woods, there are two birds that may look similar: the Black-capped Chickadee and the aforementioned Red-breasted Nuthatch. Both are sparrow-sized with black on the heads and grey bodies. As previously mentioned, the RBNU is smaller than the other 2 species, has a reddish-brown breast and a black line through the eye with white above and below. The BCCH is more grey than blue and plumper than the WBNU. (photos American Expedition)

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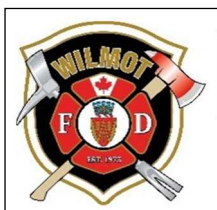
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## Cooking Safety

By Brian Leverton, Fire Prevention Officer

Cooking brings family and friends together, provides an outlet for creativity, and can

be relaxing. But did you know that cooking fires are the number one cause of home fires and home injuries?



In 2011-2015, unattended cooking was the number one cause of fires; in Canada, 33% and in the United States, 47%.

In one of every five (20%) of all reported home fires, unattended cooking was by far the leading contributing factor in these fires and in fire casualties.

By following a few safety tips you can prevent these fires:

- Stay in the kitchen while you are frying, grilling, or broiling food. If you leave the kitchen for even a short period of time, take something with you such as a spatula, towel, or oven mitts to remind you that the oven is in use. Never leave the house without turning off the oven.

- Keep anything that can catch fire (oven mitts, wooden utensils, food packaging, towels, or curtains) away from the stovetop.

- If you have a small grease fire and decide to fight the fire:

- On the stovetop, smother the flames by sliding a lid over the pan and turning off the burner if you can. Leave the lid on till completely cooled.

- For an oven fire, turn the heat off and keep the door closed.

- If you have any doubt about fighting a small fire... Just get out! When you leave, close the door behind you to help contain the fire. Call 9-1-1 from outside your home and go to your meeting place.

### Prevention Odds and Ends

- ⇒ Unplug small appliances (toaster, coffee maker, kettle) when not in use. Fires have started in these appliances when plugged in and not in use.
- ⇒ Check Health Canada website for recalls: [www.consumerinformation.ca](http://www.consumerinformation.ca)
- ⇒ Clean dryer lint trap before each use.
- ⇒ Make sure all outside vents are clear of snow and ice.
- ⇒ Ensure smoke and carbon monoxide alarms are installed in the correct location and working as intended. Test monthly and change batteries at least once per year.
- ⇒ Burn candles on noncombustible surfaces

### Conclusion

This will be my last article as I have decided to join St Mary's Fire Department as their new Fire Prevention Officer. I will truly miss Wilmot Township and the friends I have made, especially The Cellar Dwellers. If you need assistance or have any questions you can call Wilmot Fire at 519 634 8444.

Thanks again and be fire safe!!

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## Meet MJ – the Famous Millpond Goose

For nearly 14 years someone has sat on the main street happily watching life in Baden, rain or shine. MJ is the ceramic goose that sits on the porch of Fred and Dorothy Elwood's at 35 Snyder's Road East, and draws a lot of attention with her wonderful wardrobe. The Elwoods received this classy goose in 2004 from friends, Mike and Jenny Stephens from Chatham, who believed life in Baden would be a good home for MJ (hence the name in honour of these friends). The goose has become a very dear member of the Elwood family and has won the hearts of many.

The community has been very helpful in keeping MJ up to the latest fashion. Local Waterloo Oxford teachers once dropped off a goody bag of festive clothing, as they too enjoyed the ever-changing wardrobe, along with a very kind Badenerite who donated about 30 wonderful costumes and accessories, with favourites from Queen Elizabeth and the Royal Canadian Mounted Police. The local Thrift Store in New Hamburg is another haven for outfits for MJ.

MJ has led a very interesting life having been included in many events, and dressed according to the season. MJ dresses for many occasions including Friday the Thirteenth Biker Rally, the Winter Olympics, Fifa World Cup Soccer, the Kentucky Derby, and in support of events such as the fires in Fort McMurray, and prayers for Lydia Herrle.



Dorothy tells of the local daycare children who have attempted conversation with their silent ceramic friend. MJ was once kidnapped and held for ransom in 2005 by neighbours Ken and Cindy Alisher and their various cohorts. MJ took advantage of this outing and was followed and photographed around town like a celebrity, gaining attention from the kidnapping. Dorothy and Fred were fearful that MJ had gone astray hanging out at the bar drinking, and experiencing more than any good goose should. Yes, MJ the glorious goose has become a source of entertainment and fun in the community. Recently MJ has been dressed in a red and white winter coat to keep her warm during the cold snap, sitting vigilantly as she watches our town in motion. Keep an eye on the porch, and see what MJ is up to...she's sure to "quack" you up!

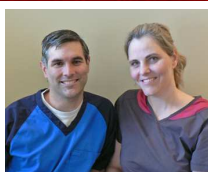
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## Baden Outlook Hockey Pool Stats

Adults			Kids		
Place	Name	PTS	Place	Name	PTS
1	Brayden Gingerich	487	1	Cameron Langer	462
2	Devon Grozn	480	2	Taylor Naumann	454
3	Kristen Struth	476	3	Vance Hallman	452
T4	Lynn Moore	467	4	Ryan Boronka	451
T4	Adam Roth	467	5	Kate Papa	448
6	Bob Miller	466	6	Sabrina Hallman	446
7	Lindsay Soctemans	462	7	Ayden Ziegler	444
8	Chris Murray	460	8	Evan Bizony	442
9	Denise Acton	459	T9	Lydia Jokic	439
10	Jody Pfaff	458	T9	Kailey Patten	439
T11	Ryan Heinbuch	457	T9	Scott Snook	439
T11	Josh Durrer	457	12	Joey Durrer	436
13	Bonnie Jokic	456	13	Elias Bizony	435
T14	Cooper Honderich	454	14	Calvin Linthorne	434
T14	Sadie Acton	454	T15	Lucas Witteveen	433
T16	Nathan Boronka	452	T15	Jake Durrer	433
T16	Ty Brenner	452	T15	Ben Linthorne	433
T18	Eric Horst	449	T15	Jordan Snyder	433
T18	Al Heafey	449	19	Braedyn	430
T18	Norm Poirier	449	T20	Kohen Patten	429
T18	Bradley Sousa	449	T20	Sofia	429
T22	Jacob Ertel	448	T20	Joel Miller	429
T22	Lee Fitz	448	23	Jahveda Faulkner	427
T22	Maggie Litwiller	448	24	Mason Beaver	426
25	Jason Hambleton	447	25	Hailey Jokic	425
T26	Wayne Erb	446	T26	Dana Kropf	423
T26	Murray Deckert	446	T26	Jared Shantz	423
T28	Ernie Faulhafer	445	T26	Avery Shantz	423
T28	Gord Mills	445	T26	Mitchell Young	423
T28	Mike Taves	445	T30	Finn Hofford	422

**Congratulations to Devon Grozn for taking the Adult Leader Prize for this month's Hockey Pool, winning a gift certificate from EJ's**  
(Sorry Brayden, you can only take the monthly leader prize once.)



**Congratulations to Cameron Langer who took the leader prize for the Kids Pool winning a gift certificate to New Hamburg Lanes**

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### SUPER BOWL TICKETS

A friend of mine from Minneapolis has two 50 yard line tickets for the 2018 Super Bowl in Minnesota on February 4. When he bought them back in the summer, he had no way of knowing how things would turn out. He didn't realize that it's on the same day as his wedding - so he can't go.

If you are interested and want to go instead of him, it's at Saint Peter's Catholic Church, in New York City, at 5 p.m. Her name's Louise. She's 5'4", about 100 lbs., good cook, makes \$140,000 a year. She will be wearing a white dress.

Submitted by Robert Price



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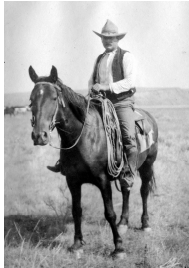
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## You Must Be Joking!!



Here are 10 points of wisdom from a smart cowboy:

1. Never slap a man who's chewing tobacco.
2. Never kick a cow chip on a hot day.
3. Always drink upstream from the herd.
4. If you find yourself in a hole, stop digging.
5. The quickest way to double your money is to fold it and put it back into your pocket.
6. There are three kinds of men:
  - The ones that learn by reading.
  - The few who learn by observation.
  - The rest of them have to pee on the electric fence and find out for themselves.
7. Good judgment comes from experience, and a lot of that comes from bad judgment.
8. If you're riding ahead of the herd, take a look back every now and then to make sure it's still there.
9. Lettin' the cat outta the bag is a whole lot easier'n than puttin' it back in.
10. After eating an entire bull, a mountain lion felt so good he started roaring. He kept it up until a hunter came along and shot him. The moral: When you're full of bull, keep your mouth shut.



"Never Squat With Your Spurs On!" – Will Rogers

Submitted by Bruce Bousher

## DID YOU KNOW THAT DOGS AREN'T ALLOWED IN ANTARCTICA?

Sled dogs are an important part of the history and exploration of Antarctica. Roald Amundsen used sled dogs to reach the South Pole in 1911. Robert Scott and Ernest Shackleton both tried using sled dogs in Antarctica,



but met with less success than Amundsen. Hundreds of other expeditions have used sled dogs here throughout the years. But, many people do not know that sled dogs are no longer allowed on the continent. Back in the 1980s the Environmental Protocol (conservation of Antarctic plants and animals) called for all non-native species, except humans, to be removed from Antarctica. The dogs had to be removed from Antarctica by April of 1994. This ban was introduced due to concerns that the dogs might transfer diseases such as canine distemper to the seal population. It was also a concern that the dogs might break free and disturb the wildlife. That was certainly the end of an era.

**DID YOU KNOW THAT NO ONE OWNS ANTARCTICA?** Seven countries each claim a piece of this 5,100,000 square miles of frozen continent.

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## Ask Armand ~



*Abby from Baden Asks* – I drive by 35 Snyder's Road East and notice at the top of the house the name "Millpond". Why is this house named as such?

*Armand says* – Great question Abby! This house is known today as "Mill Pond" because the original deed described it as being on a mill pond lot. As a child I remember the Mill Pond being on both sides of the bridge on Foundry Street and skating on that particular part of the pond. The house was built in 1888 by Noah Cressman and sold in 1896 to Fred Holwell. Livingston Presbyterian Church purchased the property in 1979 and used it as a parsonage. When it was sold to the current owners, the money from the sale went toward church renovations.



*This photo is from the early 1900s with the old foundry in the forefront and the Millpond east of Foundry Street which extended up behind the house we spoke of on Snyder's Rd. E.*

Frederick Holwell born January 4, 1845. d. Nov. 2, 1916

- Innkeeper of the Reindeer Hotel (previously Blue Moon Hotel in Petersburg) before moving to Baden to Mill Pond House on Snyder's Road East we believe after 1881.
- Married to Barbara (Ernst) they had 8 children including Laura who married J.P. Livingston and became the second generation to reside at Castle Kilbride.
- Township Auditor (1878-1883)
- Reeve of Township (1883-1888)
- Warden of Waterloo (1888)
- Clerk for Township of Wilmot (1889-1915)



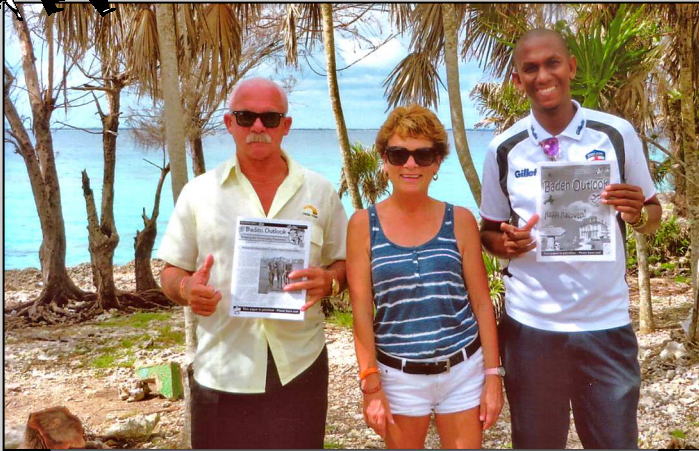
*The Holwell Family photo and facts courtesy of Wilmot Township Archives*

- A long-time member of the Knights of the Maccabees, he became Provincial Commander. He also was a Mason and was Master of Wilmot Lodge No. 318 in 1898

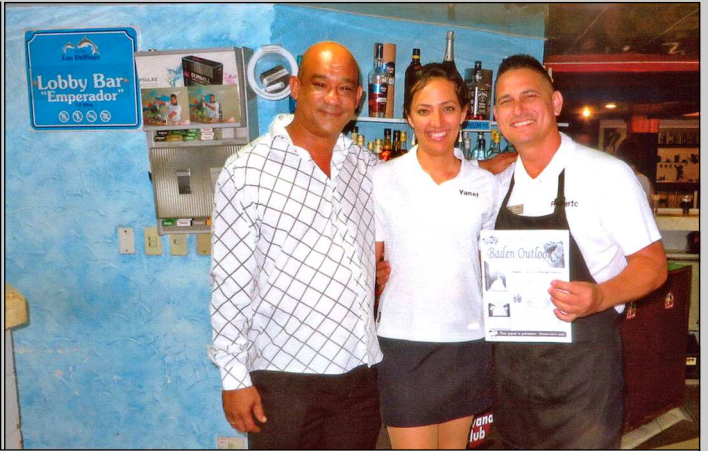




*Wow! More exciting destinations as The Baden Outlook continues to travel ...*



Deb Vinski went to the Bay of Pigs in southern Cuba where she is sharing her Baden Outlook with her friends, Julio, the tour guide and the driver Felipe.



When Deb Vinski takes her Baden Outlook along to Varadero, Cuba, the staff at Los Delfines all queue up for a photo-op. Seen with the Outlook is Roberto the barman, and the General Manger Abel along with sub-maitre Yanet.



The elves will play while the mayor is away! Patrick and Elaine kept his chair warm while reading the Baden Outlook.



Katlyn and Ryan Heinbuch took the Baden Outlook along on their honeymoon to Paros Island, Greece.

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Kayla and Marty Merkus with the Christmas Baden Outlook at Rockefeller Square in New York City!



On New Year's day Brian and Irene Allison took the Baden Outlook on a 500 K round trip to the northernmost point in New Zealand - Cape Reinga Light House. En route, dramatic scenery, steep sand dunes and a drive in a "Dune Rider" vehicle on the Ninety Mile Beach. A wonderful day full of wonder!



Marty and Tammy Merkus took the Baden Outlook to ring in the new year at Times Square, New York City.



The Baden Outlook went along to the Isle of Capri, Italy with Bruce and Jane Leis and Jack and Eileen Hendry.



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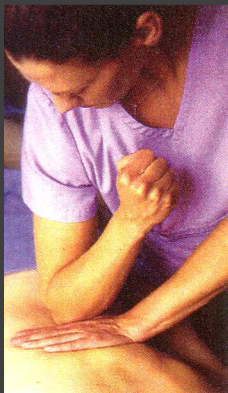
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# Cook's Corner

No doubt we have all eaten too much over the Christmas season and may be feeling a little bulkier than we'd like. Perhaps it's time to lighten our diet yet still nurture ourselves through these chilly winter days. Sister Cathy is sharing her favourite hearty, healthy soups to start you off on the right foot this year. Enjoy!



## Turkey Dinner Soup

2 cups chopped or shredded turkey  
2 tbsp olive oil  
1 onion diced  
2 carrots diced  
2 potatoes cut into bite sized pieces  
1 cup peas  
6 cups turkey or chicken broth  
2 cups cream or milk  
1/4 cup flour  
1/4 cup butter  
1 tsp dried thyme  
Salt and pepper to taste  
Leftover stuffing  
Cranberry sauce

Heat olive oil in large stock pot, add onions and carrots and cook until onions are softened, remove from pot and set aside. Melt butter in same pot, add flour and thyme and cook for 2 minutes. Add 1 cup of broth, whisking to avoid lumps to make a paste. Slowly add rest of broth and milk, stirring constantly. Return onions/carrots to pot and add potatoes and turkey. Cook until potatoes are softened, about 20 minutes. Add peas to heat through. Serve with crumbled stuffing and a dollop of cranberry sauce on top.

## Cabbage Roll Soup

1 tbsp olive oil  
1 lb ground beef  
1 yellow onion, chopped  
2 carrots, chopped  
5 cups cabbage, chopped or sliced  
3 garlic cloves, finely minced  
3 1/2 cups beef broth  
28 oz can diced tomatoes  
2 tbsp brown sugar  
1 tbsp Worcestershire sauce  
1 tsp paprika  
1 tsp oregano  
1 tsp thyme  
2 bay leaves  
3/4 cup rice  
1/3 cup chopped parsley  
Salt and pepper to taste

In large stock pot, heat oil and add ground beef to brown. Add onions, carrots, garlic, and cook to soften onions. Add all ingredients except last 3 and bring to boil. Add rice and cook until rice is softened. Add lemon and parsley and enjoy with good bread for dipping!!



OK, Show of hands...  
Who's tired of snow?



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Email [chefbrenner@chefbrenner.ca](mailto:chefbrenner@chefbrenner.ca)

## WATERLOO-OXFORD D.S.S. HAS MUCH TO BE PROUD OF!

Waterloo-Oxford District Secondary School hosted the 18th Annual Seniors' Feast on December 13. Over 240 local area seniors enjoyed a wonderful meal with great



entertainment provided by Drama and Music students. Our students peeled 100 pounds of potatoes for the dinner! Thanks to our generous sponsors and all our staff and students who helped prepare, cook, serve, and clean up. W-O wishes everyone all the best for the holiday season!



Congratulations to Waterloo-Oxford District Secondary School student, Rose Danen, who won a \$500 award for her entry in the HeForShe Writing contest through the University of Waterloo. Rose will have an opportunity to attend a dinner, and her writing will be included in a special publication by the University of Waterloo on gender equity in March.



Our W-O Art students have given their time and talent to painting a mural for the Wilmot Family Resource Centre. The Rotary Club donated the paint, W-O student volunteers did the painting & our Art Department donated the brushes & trays. It was a great collaborative project!

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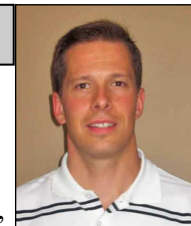
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Many individuals strive to incorporate more exercise into their daily routine and for good reason. Regular exercise has long been identified as an essential element of good health due to its ability to positively affect every organ and structure in the body. However, if done in excess, exercise can also lead to negative health consequences such as **over-training syndrome (OTS)**.



**OTS** occurs when there is an imbalance between exercise training and the body's ability to recover. This typically occurs when exercise **volume** (the total amount of exercise performed) and/or **intensity** (the total amount of effort exerted) are too high for an extended period of time. Therefore, it is important to find the correct balance between exercise **volume** and **intensity**. A good exercise program should allow you to exercise on a regular basis without "burning out".

It is important to recognize the signs and symptoms of **OTS** which may include:

- **Performance related issues such as:** decreased strength, endurance, and power; poor workout recovery; an inability to complete workouts.
- **Physical symptoms such as:** an increased resting heart rate; persistent aches and pains in muscles and joints; repetitive strain injuries.

- **Health related symptoms such as:** frequent headaches; chronic fatigue; gastrointestinal distress; menstrual irregularities; decreased recovery from and/or increased susceptibility to colds, sore throats, and other illnesses.
- **Mood and behavioural changes such as:** insomnia; loss of appetite; increased irritability; depression; decreased motivation to exercise.

Below are some useful tips that can help overcome or minimize the chance of **OTS**:

1. **Rest is essential for recovery.** This may include absolute rest from all exercise activity or increasing the recovery time between exercise bouts. Proper rest allows for the body's important biological systems to recover, repair and recharge.
2. **Change your training method.** Look at the cumulative stress of the exercises performed. Use a variety of exercises when training specific body regions and avoid continuous training without proper recovery. Change your program frequently and find the right balance between exercise **volume** and **intensity**.
3. **Check your nutritional status.** Your body needs the proper nutrients to function optimally. Inadequate intake of carbohydrate and protein can lead to muscle fatigue and poor muscle tissue repair. Healthy fats are needed to produce hormones that regulate many body functions. Dehydration can contribute to muscle cramping and joint pain. Avoid nutrient deficient foods such as trans-fats and refined sugars and starches which put physical stress on the body.
4. **Get professional help:** Overcoming **OTS** is not always simple. There are healthcare practitioners who can treat physical injuries and provide advice on nutrition and proper exercise training techniques.

Recognizing the signs and symptoms of **OTS** and knowing how to avoid or minimize its effects can ensure that you can continue to enjoy the many health benefits exercise has to offer. For additional information on exercise, nutrition, and improving your physical health, visit [www.nhwc.ca](http://www.nhwc.ca).

*This article is a basic summary for educational purposes only. It is not intended, and should not be considered, as a replacement for consultation, diagnosis or treatment by a duly licensed health practitioner.*



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The Baden Outlook is a completely independent publication, not affiliated with any other organization, individual or commercial enterprise.

The views expressed in this newsletter are not necessarily those of The Baden Outlook.

## Community Corner ~ Check Out What's Going On!



**YOU HAVE THE POWER  
TO GIVE LIFE**

Donate blood and join the movement today.

**Canadian Blood Services**  
*it's in you to give*

### Blood Donor Clinic

Monday, January 15th, 5-8 pm  
Steinmann Mennonite Church  
1316 Snyder's Road W., Baden

### New in the Neighbourhood?

If you are new in the neighbourhood, call us to receive your gifts and learn about your community.

Local Representative: Marlene Brenneman  
Welcome Wagon Representative  
519-591-5963 [marlene.brenneman@gmail.com](mailto:marlene.brenneman@gmail.com)



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Web: [waterloocrimestoppers.com](http://waterloocrimestoppers.com),  
Text: to CRIMES and start your tip with TIP152

### Hidden Acres Family Day Open House February 19, 2018 – 10:00am-3:30pm

Come enjoy lots of FREE indoor and outdoor activities including sledding, skating, pretzel-making, crafts, games, a campfire, bannock roasting and much more (some activities are weather dependent)! Please bring your own outdoor equipment. Enjoy a hot lunch for \$3/person or bring a bagged lunch. RSVP required – [info@hiddenacres.ca](mailto:info@hiddenacres.ca) or 519-625-8602.  
**Hidden Acres Mennonite Camp, 1921 Line 37, New Hamburg**

### *This is an invitation for anyone who would like to learn the "Art of Quilting!"*

"Ladies Sewing Group" who meet on the first Wednesday of every month for quilting and knotting comforters.

Please join us at Steinmann Mennonite Church,  
1316 Snyder's Rd., W., Baden.

We meet from 9 am to 4 pm. Bring a sack lunch for noon break.

We provide the beverages. Hope to see you!

This work is done for the Mennonite Central Committee.

Call the church 519-634-8311 if you have any questions.

### ECO-BOOSTERS

Are you concerned about the **environment** and the potential effects of **climate change**? Are you interested in learning more and working with others to make a difference?

**Join us at 7:00PM on Wednesday, January 24th at Zion United Church,**  
215 Peel Street, New Hamburg.

For more information, contact  
[nvecoboosters@gmail.com](mailto:nvecoboosters@gmail.com) or  
call 519-662-9372.

### T.O.P.S.

*(Take Off Pounds Sensibly)*

We are a support group for weight loss. Meetings are held on Tuesday evenings  
St. James Lutheran Church,  
66 Mill Street, Baden  
Weigh-ins at 6:30 pm followed by a short meeting  
For more information  
call 519-634-5542  
Everyone Welcome.

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EVERY OTHER TUESDAY BEGINNING  
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## Wilmot Family Resource Centre

### FAMILY VIOLENCE PREVENTION PROGRAM

There are many ways a person can abuse. Abuse is about intimidation and control and comes in many forms.

#### Physical abuse:

- \* Hitting, kicking, poking, pushing, biting, pulling hair, or any unwanted touch.
- \* Threatening to harm you or your children. Once there has been a threat, the fear is present.

#### Sexual abuse:

- \* Any unwanted touch or comment that is sexual in nature.

#### Verbal Abuse:

- \* Name calling, insulting, ridiculing, humiliating, put downs.

#### Emotional abuse:

- \* More subtle, but even more damaging.
- \* Implied messages that you are not good enough, important, competent, intelligent, or lovable.
- \* Suggestions that there is something wrong with you and that you have no value.

#### Financial abuse:

- \* Control of another's money and economic resources.
- \* Refusal to allow any input and control about how and where money is spent.
- \* Refusal to give the other person the money they need for personal necessities.
- \* Refusal to let the other person know about their finances.
- \* Demands that the other hand over their pay cheque without explaining where money is going.

*If you are experiencing any form of abuse and would like help, contact Teresa at  
Wilmot Family Resource Centre  
Family Violence Prevention Program*

**fvpp4wfrc@bellnet.ca**

**519 662-2731**



*"Keeping the Community Connected"*



**Jim and Laurie Arkell**

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FAX: (519) 662-4170

## Heart Month Campaign

*Help us create survivors!*

February is Heart Month and we are looking for Captains, Door-to-Door Canvassers and Online Canvassers. The time commitment is minimal but the results are lifesaving. This volunteer opportunity is great for Students needing Community Hours. Please contact Kathy at 519-571-9600 or [kathy.ziegler@heartandstroke.ca](mailto:kathy.ziegler@heartandstroke.ca) Thank you!



*New Hamburg Lion &  
Lioness Tree of Light*



The New Hamburg Lions and Lioness Clubs wish to thank our community for their support with our 34th Tree of Light campaign.

Our thanks to [Rev. Tanya Ramer](#) for blessing our tree, Harold Albrecht MPP, Michael Harris MP and Mayor Les Armstrong who welcomed our guests. The Waterloo Oxford Apassionata Choir sang beautifully and the New Hamburg Concert Band played Christmas songs. Also, thank you to Rob Esposito for his sound system, Erb Transport for providing the windbreak for the stage which was provided by McFarlane Trailer Sales, and the New Hamburg Fire Department for bringing their ladder truck which lights up the children's faces. A big thank you to Sobeys for donating the hot dogs, buns and apple cider, No Frills for the condiments and cups, and Home Hardware for the use of their BBQ.

Thank you to the Township for our new tree, it looked just perfect with all the lights. To all the businesses and people who donated to our campaign and our guests who joined us, we thank you for helping to light the Tree of Light and support our community.

*Our best wishes for a prosperous New Year.*

*New Hamburg Lioness --*

*Marjorie Heimpel & Reta Klaassen Co-chairs.*



**New Hamburg  
Royal Canadian Legion**



65 Boullee Street  
New Hamburg

**Hall Rentals**

Call Terri Taylor 662-3834

## Interesting People ~ Meet Earl of Laverty Log Homes and Timber Frames

*By now everyone must have seen the log home that is under construction near the corner of Sandhills Road and Gingerich Road. It is developing into an impressive structure, so the Baden Outlook stopped in to see Earl, owner of Laverty Log Homes and Timber Frames, to find out more about the building, the process, and his company.*

Earl Laverty always enjoyed the look and feel of log homes, so he took a four week log home construction introductory course in Alberta. Upon returning to Ontario, he started as an apprentice with Sunstream Log Homes, which was situated in Thorndale. Here he worked with an experienced log builder from Smithers, B.C. and a Master Timber Framer who learned his craft in Germany. Over the next couple of years Earl worked for three different log home companies, where he became educated in the craft by learning from others and gaining experience firsthand through hard work.

In 2005 Earl started Laverty Log Homes and Timber Frames Inc., which was located near West Montrose. Earl rented space from a farmer, who also had a saw mill on the property. He wanted to move his business closer to the Wilmot area, so in 2015 he started renting space at his current location in Baden. He currently has six employees, and generally builds two log homes a year.

The current project is the equivalent of close to five homes, a commercial banquet hall for the Killarney Mountain Lodge. Two thirds of the building (banquet hall A) is being built by his crew, while banquet hall "B" is being built by a log home construction company from Strathroy. When the buildings are complete they will have 10,000 square feet of space, a full basement, and a commercial kitchen built in between the two buildings. This building when complete will be the second largest log home ever built in Ontario and the largest log structure in the world to be built this year!

The building being built in Baden required 15 tractor

trailer loads of logs just to build the walls, and the banquet hall "B" project will require 9 tractor trailer loads. Together both projects will require 8 tractor loads for the roofing system. If maintained properly, this building will last over 1000 years, according to Earl. Earl also states that log homes are more energy efficient than R2000 homes, mainly due to the thickness of the wood.



Ninety per cent of the building process is done in the yard in Baden, and the other ten per cent is putting all the marked and numbered pieces together at the building site. All pieces are shipped to the building sites via tractor trailers.

White Pine logs account for 75% of the construction, while the other 25 % are Douglas Fir and Red Cedar. The sixty foot logs are laid on stands in the yard and the outer bark is stripped off



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by hand with a bark spud—which looks like an ice scraper for the driveway. Below the bark is a layer called cambium, which is somewhat brownish in colour. This layer is removed with a draw knife, which is a large two-handed blade. This is an important step as this is the finish that everyone will see and it must be neat and tidy.

The next step is to scribe and notch each end, to create what is called a saddle notch, where the logs will interconnect. Also, a notch is cut out of the bottom of the length each log (this notch is called a Swedish cove). When the building is assembled, a gasket is added to either side of the Swedish cove, which seals the logs together. It is important to shape all of the pieces correctly so that all pieces are level and plumb. Spaces are also cut out for



windows and doors. Roofs are almost always made from the material of the walls. For example, if the walls are logs then the roof trusses will be round. If the walls are flattened logs then the trusses on that building will be square timbers.

Earl sits on the board and is past Vice President of the International Log Builders Association. He helped create the Effectives Practices and Methods of Hand Crafters and Log Builders book which is the self-imposed building standard for the industry. He is also a member of the Timber Framers Guild. Log building isn't rare in Canada, but it also is not that popular. Still, there are over 300 log builders in Canada. Earl has built homes in most of Canada and would someday like to enter the American market.

Earl is happy to be a part of the community in Wilmot and lives in Haysville with his wife and four daughters.

For more information on Laverty Log Homes and to watch videos on their techniques on building log homes visit their website at [www.lavertyloghomes.ca](http://www.lavertyloghomes.ca) or visit their facebook page at Laverty Log Homes & Timber Frames.



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### Hymn Titles by Occupation

Do you know these hymns? When you go to church, be sure to smile as you go through your hymnals!

Dentist's Hymn: Crown Him with Many Crowns  
Weatherman's Hymn: There Shall Be Showers of Blessings  
Contractor's Hymn: The Church's One Foundation  
Tailor's Hymn: Holy, Holy, Holy  
Golfer's Hymn: There is a Green Hill Far Away  
Politician's Hymn: Standing on the Promises  
Optometrist's Hymn: Open My Eyes That I Might See  
IRS Agent's Hymn: I Surrender All  
Gossip's Hymn: Pass It On  
Electrician's Hymn: Send the Light  
Shopper's Hymn: Sweet Bye and Bye  
Realtor's Hymn: I've Got a Mansion Just over the Hilltop  
Massage Therapist's Hymn: He Touched Me  
Doctor's Hymn: The Great Physician

AND for those who speed on the highway -  
45 mph: God Will Take Care of You  
65 mph: Nearer My God To Thee  
85 mph: This World Is Not My Home  
95 mph: Lord, I'm Coming Home  
100 mph: Precious Memories

Give me a sense of humor, Lord, the grace to see a joke,  
To get some humor out of life, and pass it on to other folk.

### Finding True Happiness

- \* As we grow older, and hence wiser, we slowly realize that wearing a \$300 or \$30 watch—they both tell the same time.
  - \* Whether we carry a \$300 or \$30 handbag—the amount of money inside is the same.
  - \* Whether we drink a bottle of \$300 or \$10 wine—the hangover is the same.
  - \* Whether the house we live in is 300 or 3000 square feet — loneliness is the same.
- You will realize, your true inner happiness does not come from the material things of this world.

Whether you fly first or economy class, if the plane goes down—you go down with it...

Therefore—I hope you realize, when you have mates, buddies and old friends, brothers and sisters, who you chat with, laugh with, cry with, sing songs with, talk about north-south-east-west or heaven and earth— That is true happiness!!

Submitted by Jean Shantz

*Love is that condition in which  
the happiness of another person  
is essential to your own.*

### Local Churches Invite You to Join Them

Please visit [www.badenoutlook.com](http://www.badenoutlook.com)  
for a directory of local churches.



#### ST. JAMES LUTHERAN CHURCH

66 Mill Street, Baden ON

519-634-5191 [joanna.e.miller@gmail.com](mailto:joanna.e.miller@gmail.com)

Pastor Joanna Miller

Sunday Worship 9 am / Sunday School

#### Livingston Presbyterian Church

44 Beck Street, Baden / 519-662-4949

Hymn Sing 9:45 am ~ Worship to follow at 10 am  
Moderator: Linda Ashfield, 519-886-4150

#### Emmanuel Lutheran Church

1716 Snyder's Road East, Petersburg, ON

519-634-5511 [www.petersburgchurch.org](http://www.petersburgchurch.org)

\* Wheel Chair Accessible \*

Worship Service 9:30 am / Sunday School

#### SHANTZ MENNONITE CHURCH

2473 Erb's Road, Baden, Ont N3A 3M3

Phone: 519-634-8712 / Email: [office@shantzmcc.ca](mailto:office@shantzmcc.ca)

Pastor: Don Penner

Worship Service - 9:30 am Christian Education - 11:00 am

#### Wilmot Mennonite Church

2995 Bleams Road, New Hamburg, ON

Worship Service 9:45 a.m. ~ Christian Formation 11:00 a.m.

Pastor Susan Allison-Jones

519-634-5030 [www.wilmotmennonite.ca](http://www.wilmotmennonite.ca)

#### Wilmot Centre Missionary Church

2463 Bleams Road—corner of Bleams & Sandhills Road

Services at 9 & 11 am, Children's Worship 11:15 am

Rev. Wayne Domm, Dr. Rob Gulliver, Youth Director Jason Erb

519-634-8687

[www.wilmotcentremc.ca](http://www.wilmotcentremc.ca)

#### Steinman Mennonite Church

1316 Snyder's Rd. W. (at Nafziger Rd), Baden

Sunday Worship 9:45, Sunday School 11:00 am

Phone: 519-634-8311 / [www.smchurch.ca](http://www.smchurch.ca)



## A New Year's Resolution!

New Year's is a time of renewal and change for us all. Let us help make your resolutions come true this year!

Getting involved in your community and meeting new people may be New Year's resolutions you can embrace. Whether you are recently retired or a student needing community hours for your diploma, volunteering can be for everyone.

The New Hamburg Thrift Centre currently has a number of volunteer openings. Whether you want to learn new skills or contribute your life learned skills to a good cause, we have a position for you. If you are interested or would like more information, please contact Mark at 519-662-2867. Good Luck with all your New Year's resolutions!

### Current Volunteer Needs:

- Backdoor Receivers – greeting donors and sorting donations as received. Immediate openings throughout the week
- Fashion Sorters/Pricers
- Retail Floor Merchandizers

*A huge Thank You to our existing volunteers!*

The New Year is a great time to get rid of clutter. It makes us feel better and more productive. It's therapeutic and has a positive impact for the whole family. It may get a bit overwhelming when you look at everything at once, but we are here to help. Just follow the seasonal donation timeline listed below, and at the end of the process, you will feel better about your newly organized spaces and clutter free zones.

January - March: Spring Clothing, Valentines, Easter

April - May: Summer Clothing, Outdoor décor/furniture, Plants for our Perennial sale

August - September: Fall Clothes, Thanksgiving, Halloween

October - December: Winter Clothes, Skies, Christmas Trees and Decorations

We are always happy to accept your donation of clothing, housewares, furniture and more!

Thank you for your support and may your de-cluttered outlook in life be the reason for other's happiness this year. Happy New Year!



## NEW HAMBURG THRIFT CENTRE

41 Heritage Drive, New Hamburg

Tel: 519-662-2867

[www.newhamburgthrift.com](http://www.newhamburgthrift.com)

## Get a start on your New Year's Resolution!

Donations of Spring  
Clothing, Valentines &  
Easter greatly  
appreciated.



### REGULAR HOURS

Mon-Thurs	9:00 am - 5:00 pm
Fri	9:00 am - Open late 8 pm
Sat	9:00 am - 4:00 pm



All proceeds benefit the work of Mennonite Central Committee

## The Kitchen Table



**A place for Seniors to find  
support & encouragement**  
with afternoon tea & coffee

### January topic:

Resilience in the midst of the challenges

**Jan. 30 (last Tues of the month) 1:30 - 3:00**

**At Wilmot Mennonite Church**

No charge. Donations accepted

**Wilmot Mennonite 2995 Bleams Rd. 519-634-5030**



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\* Le Goff and Beck 2017, Oticon Whitepaper



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\*\*Le Goff et al. 2016 Oticon whitepaper, [oticon.ca/evidence](http://oticon.ca/evidence)



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## You Must Be Joking!!



### HUSBAND DOWN

A husband and wife are shopping in their local supermarket. The husband picks up a case of beer and puts it in their cart. "What do you think you're doing?" asks the wife. "They're on sale, only \$20 for 24 cans," he replies. "Put them back, we can't afford them," demands the wife.

They carry on shopping. A few aisles farther on, the woman picks up a \$40 jar of face cream and puts it in the basket. "What do you think you're doing?" asks the husband. "It's my face cream. It makes me look beautiful," replies the wife. Her husband retorts: "So does 24 cans of beer and it's half the price."

That's him, there in Aisle 5.

Submitted by Bruce Bousher



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### What Can We Learn from these Strong Beasts?



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"I On The Water"

## What the Dickens are These Things?

It seems that there are all sorts of odd things out there that are a mystery. We'd appreciate your help if you recognize these things that have been brought to us.

Norma Weiler found this 7" tool in a drawer and doesn't know what it's for. It has a rusted blade on top with wooden handle and she thinks it was her mother's.



Rick Kuchma got a six quart basket of these odd screw type things. If you know what they are, please shed a light and email us with what you may know.

## You Must Be Joking!!



- ⇒ Apparently 4,153,237 people got married last year. Not to cause any trouble, but shouldn't that be an even number?
- ⇒ Isn't it ironic that the colours red, white, and blue stand for freedom until they are flashing behind you.
- ⇒ Relationships are a lot like algebra. Have you ever looked at your X and wondered Y?
- ⇒ You know that tingly little feeling you get when you love someone? That's your common sense leaving your body.
- ⇒ My therapist says I have a preoccupation with vengeance. Oh ya, we'll see about that.
- ⇒ Money talks... but all mine ever says is good-bye.
- ⇒ You're not over-weight, you're just easier to see.
- ⇒ Money can't buy happiness, but it keeps the kids in touch!

The richest person is not the one who has everything, but the one who needs the least.

A few smiles shared by Bob Smith.



***"I can't say enough about Jon and his team...all went above and beyond my expectations. I felt supported and guided throughout my experience of buying my property. I will definitely use them again and suggest to others to use them too. Many, many thanks."-Claire Tidey***



We had a blast being a part of the Baden Santa Claus Parade again this year! Hope to see you there in 2018!



This Christmas Season, based on your suggestions, we were able to donate to the following 3 charities:

- Gentle Jakes Coonhound Rescue
- Ronald McDonald House
- Wilmot Family Resource Centre

Jon Lambert — Kerilynn Mathers  
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## EXTRA EXTRA!!

You'll find us around the 15th of each month, available at over 80 places within Wilmot Township, while quantities last.



You'll find us In Baden at Mars Variety, CircleK, Baden Feed, Baden Dental, Wilmot Rec. Centre, Tim Hortons, Baden Library, EJ's, and several outdoor magazine boxes located conveniently throughout town for Baden readers.

You can pick it up in New Hamburg at No Frills, Sobey's, Short Stop, NH Legion, McDonalds, Morningside, Stonecroft, Office Pro, NH Thrift Centre, Personally Fit Gym, Pharmasave, NH Dry Cleaners, NH Wellness, all libraries and various offices and retail locations throughout Wilmot Township.



It can also be found at Foxboro, in St. Agatha at Fishers Esso, Angie's Kitchen, and Pfenning's.

*The best things in life are free - like tree boughs filled with snow, and this paper ~ Please Have One!*



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**Eyecare Centre**

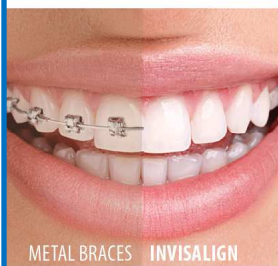
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*A special shout out to say thank you to St. James Lutheran Church for gifting the town with the lovely piped Christmas music over the holidays, creating a wonderful festive feeling.*



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### Financial Tip:

How to save money and see how much money you've saved. When you buy something on sale, put the money you saved in a piggy bank.



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Frustrated at the New Year's Gala, Ned wished he had ordered the clam chowder rather than the starter-salad. MaryLou: "Short term glitch. Just update the app!"

Many hours after the lunchtime robbery, a stubby-faced super hero finally arrives. Sensing the bank manager's frustration he clarifies:  
" Oh.... um..... I'm the Five O'clock Shadow....."

Emma Stone auditioned to replace Vanna on Wheel of Fortune in the New Year. However, the idea was shelved because Pat Sajak kept saying:  
"Can I please have an N Emma?"

## You Must Be Joking!!



Is this a quiz or a joke? You decide!!

You are driving a bus from New York City to Philadelphia.

In Staten Island, 17 people got on the bus.

In New Brunswick, 6 people get off the bus and 9 people get on.

In Windsor, 2 people get off and 4 get on.

In Trenton, 11 people get off and 16 people get on.

In Bristol, 3 people get off and 5 people get on.

And, in Camden, 6 people get off and 3 get on.

You then arrive at Philadelphia Station.

Without going back to review, how old is the bus driver?

It was YOU driving the bus!  
Don't you remember your own age?!!

Submitted by Bruce Bousher

**I HATE IT WHEN I SEE AN OLD PERSON AND THEN REALIZE THAT WE WENT TO HIGH SCHOOL TOGETHER.**

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"In every walk with nature one receives far more than he seeks." ~ John Muir

With winter here, gardeners have time to reflect on what was successful in last year's garden and what we would like to modify this year. Winter is a great time for planning. Keep an eye on your houseplants for pests (those sneaky guys can replicate quickly) and keep watering to a minimum.



Keep fit and stay active so your body is geared up for spring gardening! Lots of options but walking is the easiest and the Wilmot Rec Center has a great track for walking when the weather is nasty and sidewalks/roads are treacherous. Keep moving!

**SECRET LIVES OF TREES!** More amazing revelations appear every year as botanists study trees. In the boreal forest for example, there is a botanical community working together. Trees share resources, fight animal predators, change weather and help other species reproduce. The feathery moss that grows beneath the black spruce keeps the tree roots cool while the tree provides shade for the moss. During a drought, in the event of a fire, the moss spreads the fire right up to the tree canopy. Fire melts the wax on the cones which releases the seeds for reproduction.

**I'm thirsty!** The underground network of the interlinked tree roots share water and nutrients. If some of the trees need something, it is transported to them.



The white spruce's enemy is the red squirrel, which eats the seeds the trees need for reproduction. The trees coordinate lowering cone reproduction some years so that the number of squirrels is decreased. Then a bumper crop year comes so there is a surplus of seeds to ensure reproduction as the squirrels are overwhelmed with volume of seeds.

How do trees change weather? The trees release chemical compounds called terpenes, which float into the air in large quantities. "We recognize these terpenes as that 'fresh cut pine' scent, but their effects are much more influential than a scented breeze. As the molecules float up towards the sky, they collect other molecules like ozone on the way. Once big enough, water vapour condenses on these particles, and clouds are born. Trees create the weather they want - and the clouds they seed can influence the weather across the entire northern hemisphere." <http://www.cbc.ca/natureofthings/features/canadas-boreal-forest-is-a-thriving-social-community-of-trees-that-work-together> In many countries around the world, by cutting thousands of hectares of forest, humans have changed the weather, typically resulting in arid conditions.

**Seedy Ways!** A number of Societies have **seed swaps**. Kitchener HS has its **Seedy Saturday**, February 24<sup>th</sup> (see [www.kitchenerhs.ca](http://www.kitchenerhs.ca)) with a market place and free seminars. This is a great event. We have our own swap in May at our Gardeners' Show and Share. Bring your extra seeds to share and get some new ones. There are numerous companies that you can order seeds from and offer hundreds more options than local seed suppliers. Check out the list at: <http://smallfarmcanada.ca/2017/2018-seed-buying-guide/>

**WHS's upcoming meeting** is at 7:30 pm, February 12, **Trees and shrubs for your garden** with **Janet Cox of John's Nursery** who will discuss what to consider when choosing the best planting for your garden, be they old favourites, new cultivars or native plants. **Wilmot Recreation Centre, upstairs in Meeting Room A.** Free meeting, 50/50 draw (bring a loonie or toonie), door prizes and social with tea/coffee with snacks.

*Plan how to get your fingernails and knees dirtier this spring!*

[www.gardenontario.org/site.php/wilmot](http://www.gardenontario.org/site.php/wilmot)

email: [wilmorthortsociety@gmail.com](mailto:wilmorthortsociety@gmail.com)

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